



High Density Packaging for (Wrist) Wearable Medical Devices (WMDs)

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Who is Art of Technology

- Has its roots in the EU project EUROPRACTICE (1995), whose purpose was to disseminate the HDP/MCM technology in Europe.
- Key personnel experienced in miniaturization of electronic systems since 1996 .
- Company was founded in 1999 as ETH spin-off.
- 80% commercial contracts and 20% EU funded projects.
- Successful work assignments in the
 - Medical, Aerospace, Fixed and Wireless Communications, Sensor Technology, Computer and many other industries
- Privately held company with strong partnerships.
- Certified QS-System:
ISO9001:2000 and ISO 13485:2000 (medical)

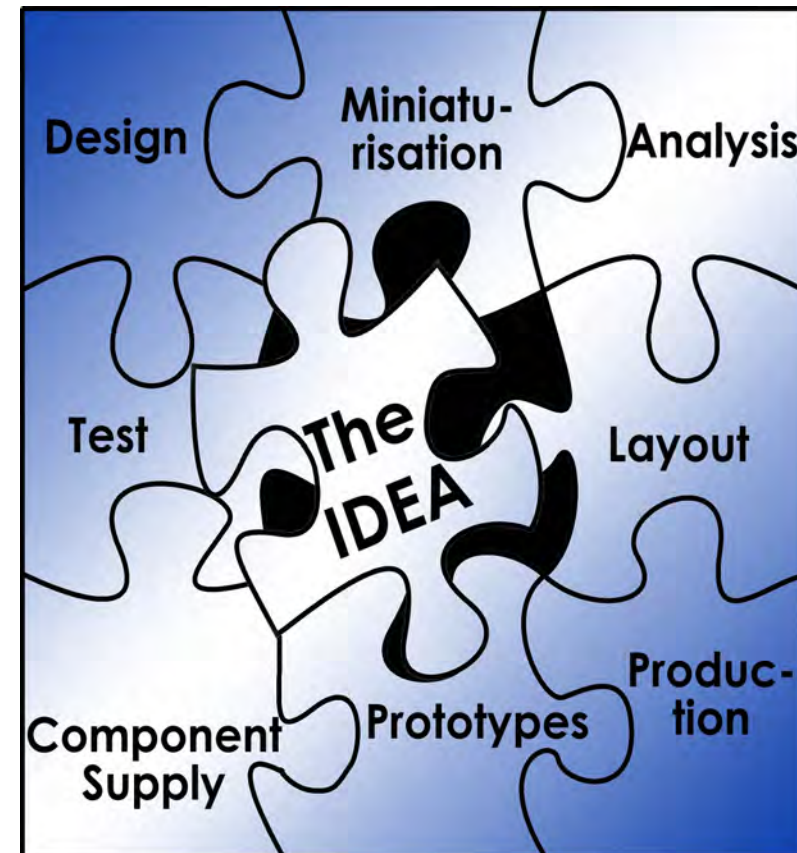


The Services of Art of Technology

Art of Technology offers a turn-key service to transform customer ideas into products:

- Development of ideas and solutions
- Basic research
- Feasibility studies & technology evaluation
- Component Procurement
- System design incl. firmware
- Layout & production preparation
- Evaluation of manufacturers and accompanying of the production
- Test & qualification

... using HDP/MCM Miniaturization Technologies!





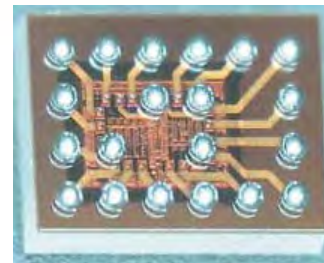
Agenda

- **High Density Packaging**
- **Medical Electronic Devices**
 - Classification
 - New application areas enabled by HDP/MCM
- **(Wrist) Wearable Medical Devices (WMDs)**
 - Market requirements and design challenges
 - Application examples
 - Design conclusions
- **Biocompatibility**
- **Implants**
 - Even smaller than WMDs
 - Requirements & technologies
- **Summary**

What is High Density Packaging (HDP/MCM)?

HDP-Modules are built using

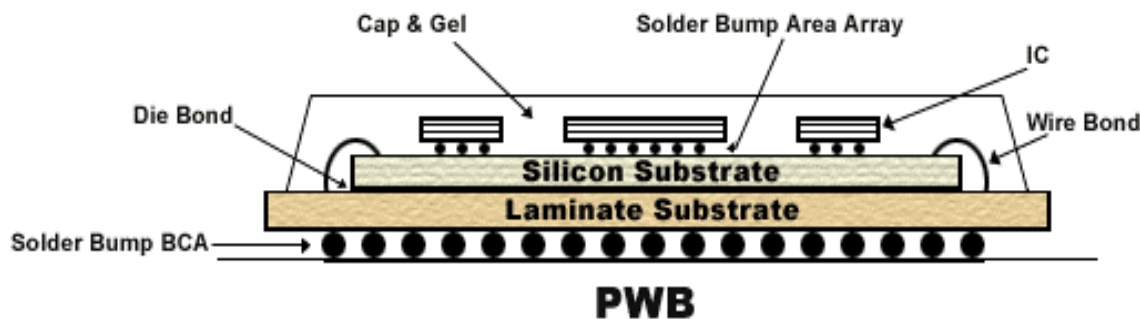
- Bare dies (un-housed ICs)
- μ -BGAs or Chip-Size Packages (CSPs)
- Highly integrated circuit boards (substrates)
- Different assembly technologies



Picture: source FhG-IZM

An HDP-Module is

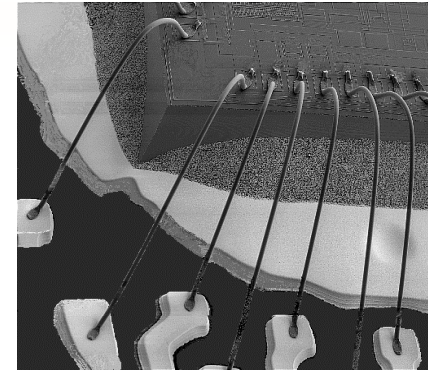
- either a complete system/device
- or part of a system packed in a PGA or a BGA and then mounted on a PCB



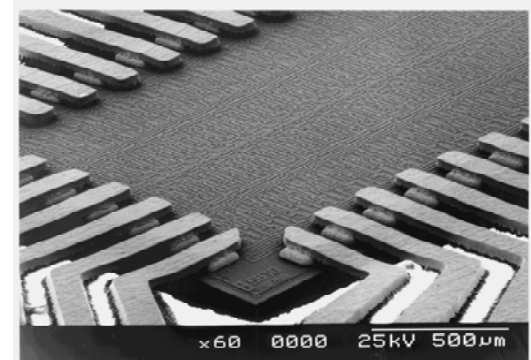


Assembly Technologies

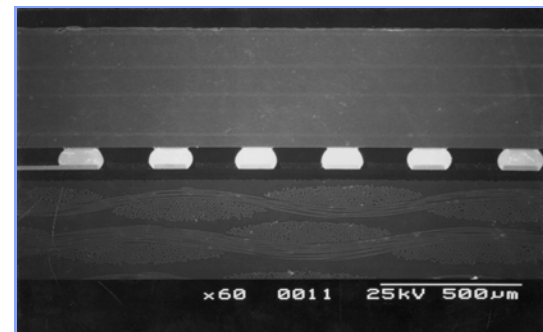
Wire bonding



Tape Automated Bonding



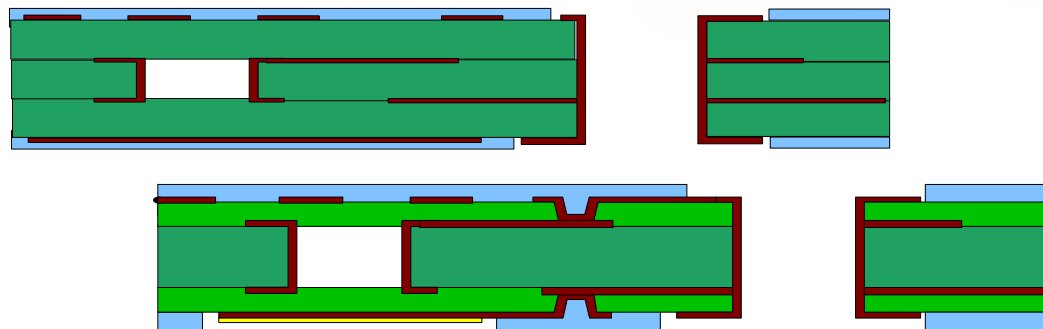
Flip Chip



Substrate Technologies

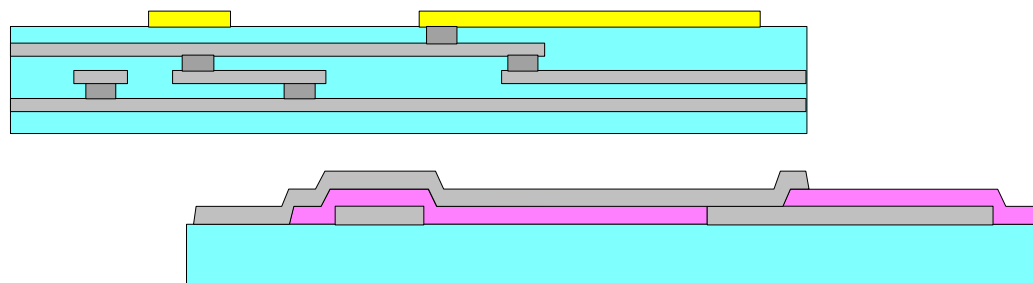
Laminate

(PCB/SBU/Micro Via)



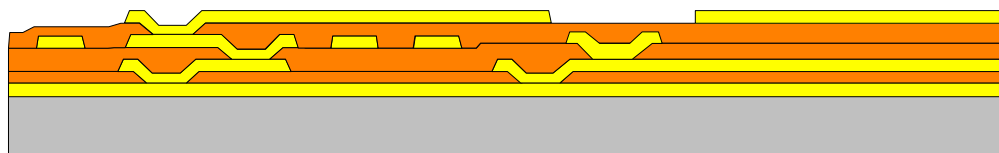
Ceramic

(Co-fired / Hybrid)



Thin film

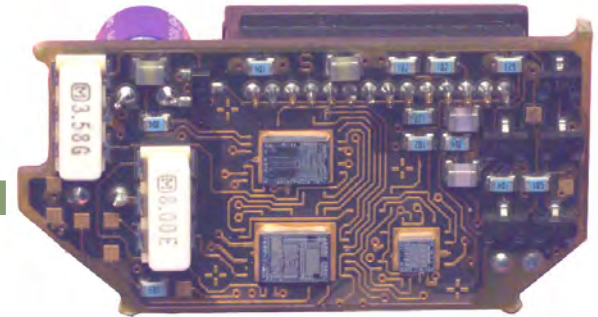
(on Silicon, Ceramic, Glass, Laminate)



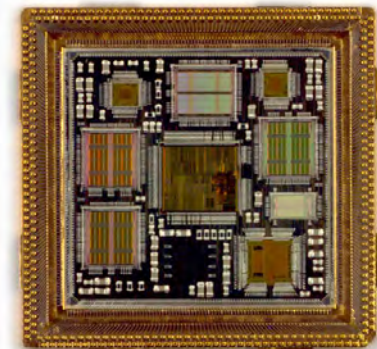
Sample Miniaturization Technologies

**Miniaturization of
electronic systems
through High Density
Packaging (HDP/MCM)**

COB
Chip on Board



Accu Charger f. Mobile Phone



Pentium Core-Module

1 cm
MCP
Multi Chip Package

Why Choose HDP/MCM?

Advantages of the HDP/MCM-Technologies :

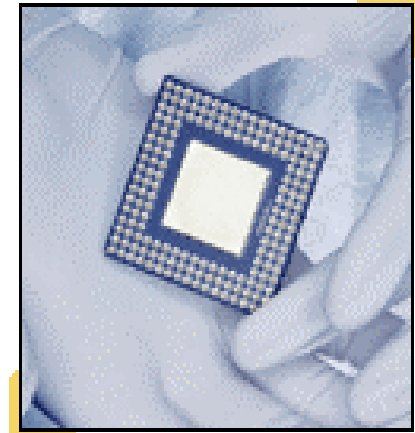
- Shorter development times and overall faster time to market than an ASIC
- Increase of functionality while reducing size and weight
- Increased performance
- Reduced power consumption
- Cost reduction at system level
- Easier protection against EMC and EMI
- High reliability
- Increased modularity and reusability of subsystems



Where to use HDP/MCM?

HDP/MCM Application areas include

- All applications where many features need to be integrated into a small, lightweight, low-power – often mobile or wearable – device.
- Applications in mixed-signal electronic systems as an alternative to a costly, risky and time-consuming ASIC design.
- If you already have designed ASICs, HDP/MCM will allow you to efficiently and inexpensively use them to offer a wide range of product variations.
- Applications to be used under extreme environmental conditions such as temperature, electromagnetic interference etc.



Ranking Medical Electronic Devices

- **Laboratory/Hospital equipment**

- Large-scale, expensive equipment
- Used in leading-edge diagnosis and patient care
- Not covered in this talk



- **(Wrist) Wearable Medical Devices (WMDs)**

- Truly portable medical devices
- Miniaturization of laboratory equipment through HDP/MCM
- Patients become independent of location (hospital) and professional care (physician)



- **Implants**

- Smaller but more complex
- Further improve patients' comfort



New Wrist Wearable Medical Devices (WMDs)

New Applications: Not only a transient phase from laboratory equipment to implants: they made a functional quality leap from simple measuring aids (replacing physicians) to complex services including diagnosis support.

New Technologies: Fostered by new sensor concepts, miniaturized signal processing and communication capabilities.

New Players: Nowadays also SMEs can develop innovative WMDs.

Omron
Blood
Pressure
Monitor



Phonak
Watch Pilot
Remote
Control for
Hearing Aid



Polar Heart
Rate
Monitor



MiniMed
CGMS



Vitaphone
ECG w/
GPS and
GSM



Market Requirements & Challenges for WMDs

Small and lightweight

- Small enough to fit around the wrist
- Shall be unobtrusive, and not necessarily look like a medical device

Low power

- Stand-alone power supply of minimum 15 hours (1 working day).
- Low power consumption (e.g. HRM): Primary battery
- High power consumption: rechargeable (enforces connectors, battery protection circuit, massive regulatory issues)

Life cycle and housing

- MTTF 4 years, "no consumer device"
- Shock proof, at least splash water resistant (IP65)
- Biocompatible with skin contact (FDA approval)

Requirements & Challenges for WMDs II

Interconnection

- Connectors complicate mechanical design and production
- Wireless solutions demand a higher power budget

(Novel) sensors

- Cannot be easily integrated into standard electronics and housings
- Biocompatibility issues can influence the measurement path
- Analog control and signal processing cannot be easily miniaturized.



There is no ultimate solution to be presented, every device means a carefully evaluated optimum!

Application example AMON^{*)}

Project's Goal (30 months):

- Wrist wearable monitoring device for heart patients
- Bi-directional link to telemedicine center, online diagnosis

Variables monitored :

- Body temperature
- Blood pressure
- Blood oxygen
- ECG
- Heart rate
- Heart rhythm

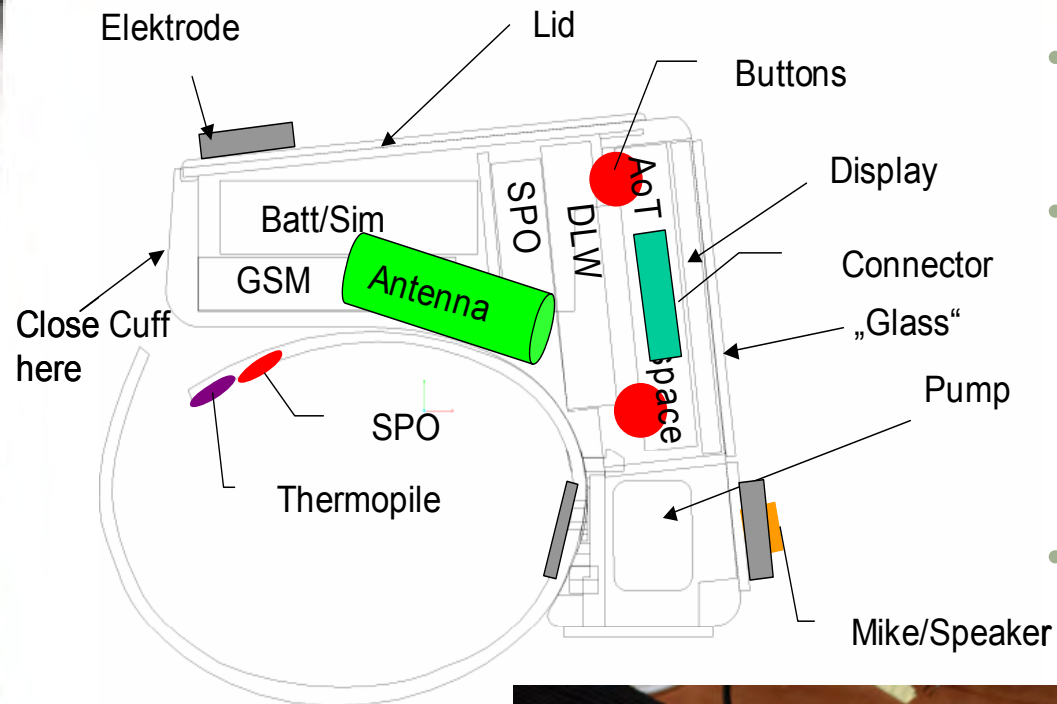


additionnal Features:

- Emergency button
- Mobile phone

^{*)} Advanced care & alert telemedical Monitor, EU Project

AMON - Technology



- New functional SMD prototype produced
- Integration of standard building blocks (SPO2, GSM) to achieve functional validation
- Future revisions could concentrate on block integration and height reduction using HDP



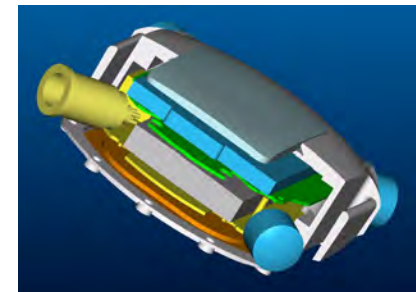


AMON – The new functional Prototype



Application example Pendra[®]

- Wrist wearable novel non-invasive glucose monitoring device (obtained CE mark in May 2003)
- Developed jointly with Pendragon Medical, Switzerland from Research to Series Production
- Immediate attainment of targeted form factor was mandatory → HDP/MCM
- Consists of:
 - Digital control board with User Interface
 - Battery
 - Analog measurement electronics
 - Sensor



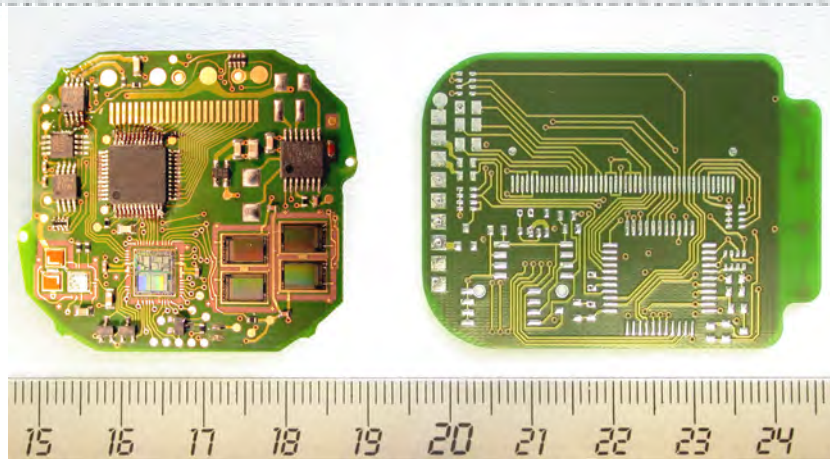


Pendra® - Technologies

Prototype P1: SMD	Prototype P2: COB	PreSeries: COB
Contains: -uC -2 Data memories -Power converter	Contains: -Battery Protection -4 Data memories -Display controller -Backlight & Buzzer	Contains: -Additional Components as COB -More functionality on less space
	-COB -uC, Battery Protection, memory	-Improved connector solution, reduced height (but case is rounded)
-Board: 45 x 50 mm ² -Case: 60 x 45 x 12 mm ³	-Board: 35.5 x 41 mm ² -Case: 45 x 45 x 12 mm ³	-Board: 33.1 x 42 mm ² -Case: 51 x 38 x 13 mm ³

Pendra® - Size comparison

Size of the
Control Board
(left P2, right P1)



P1



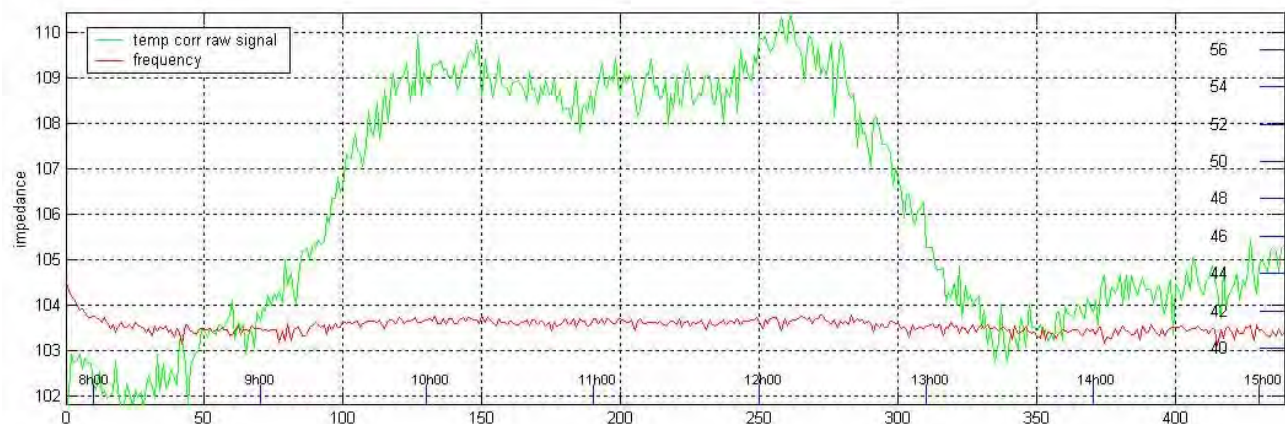
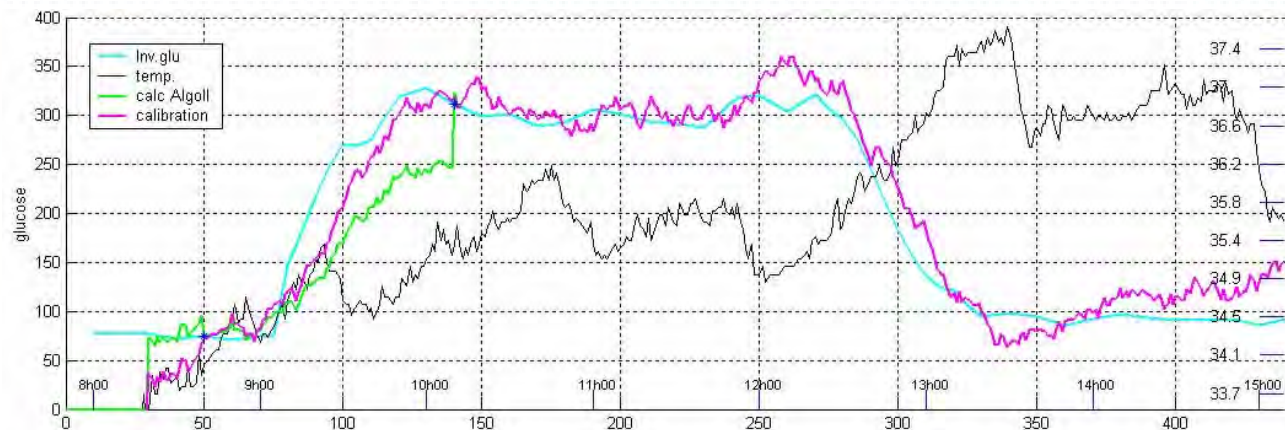
P2

Outer enclosures



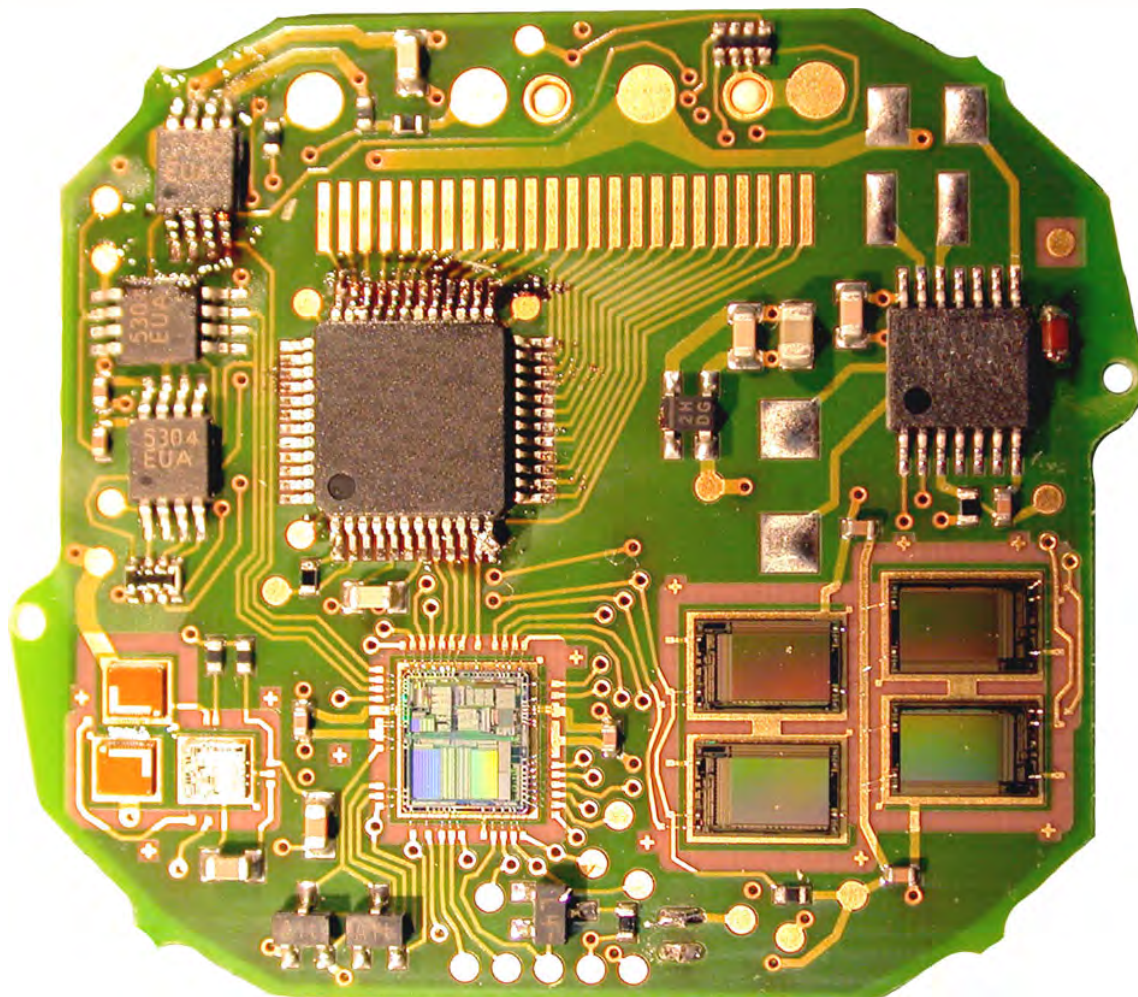
PreSeries

Pendra® - Results





Pendra® - HDP Technology



Other Wearable Approach

- **QBIC Belt Integrated Computer**



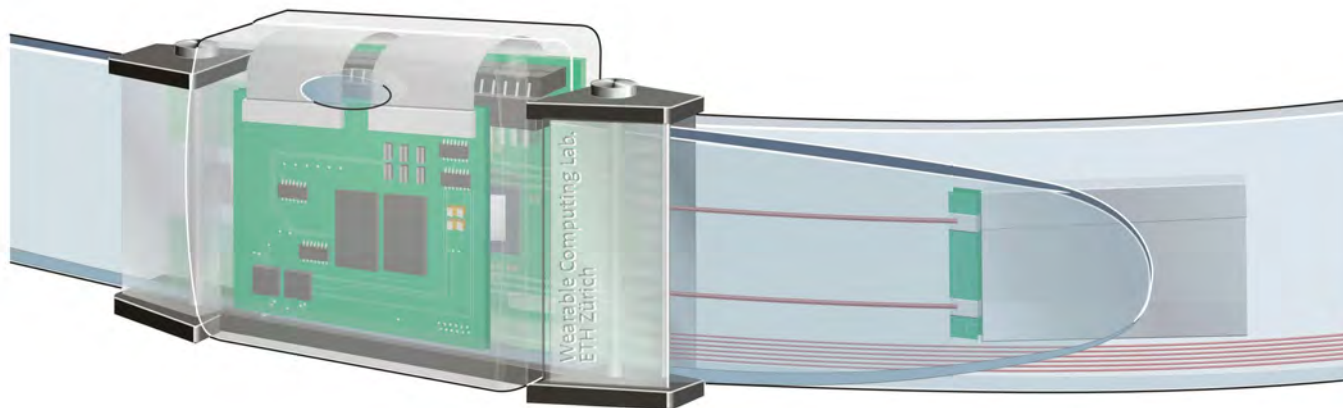
Wearable Computing Lab.
ETH Zürich

Applications

- Wearable PC
- Central Data collection and Processing
- Many other

Designed to Wear

- Fully integrated in a Belt
- Processor, Wireless Communication and Memory in the Buckle
- I/O-Plugs and Battery integrated in the Belt

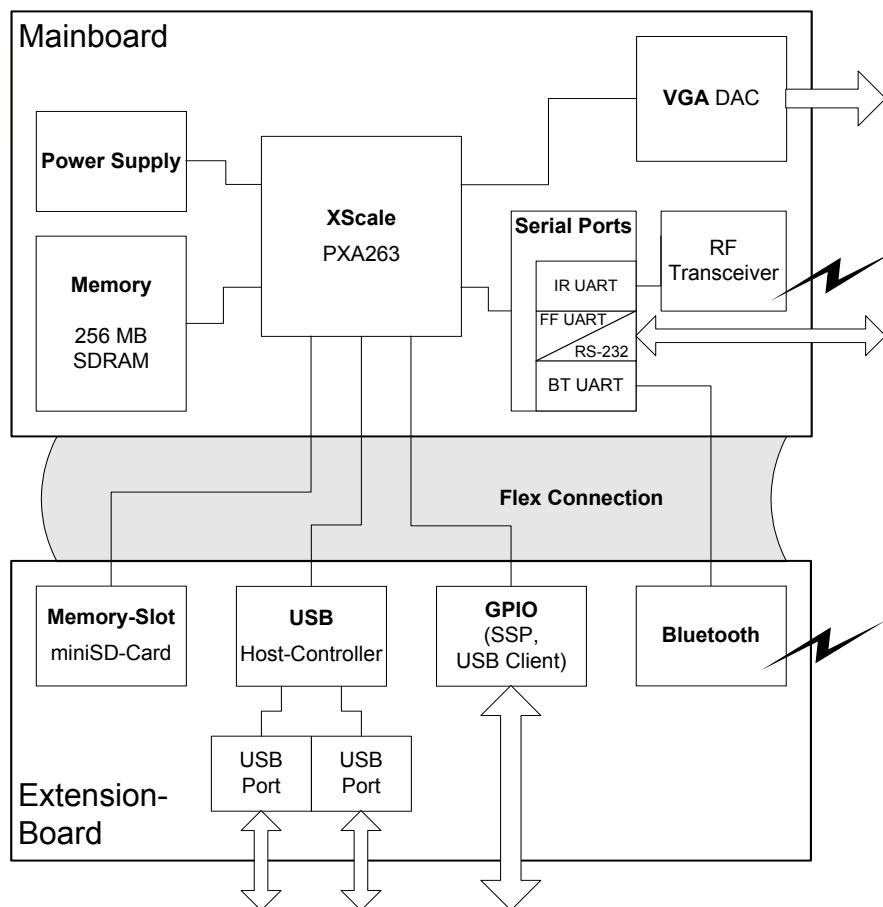


Other Wearable Approach

- QBIC Belt Integrated Computer**



Wearable Computing Lab.
ETH Zürich



Key Features

- Low Power
- Small Size
- Flex Connection
- Standard Interfaces
 - USB, RS-232, RF
 - VGA, Bluetooth

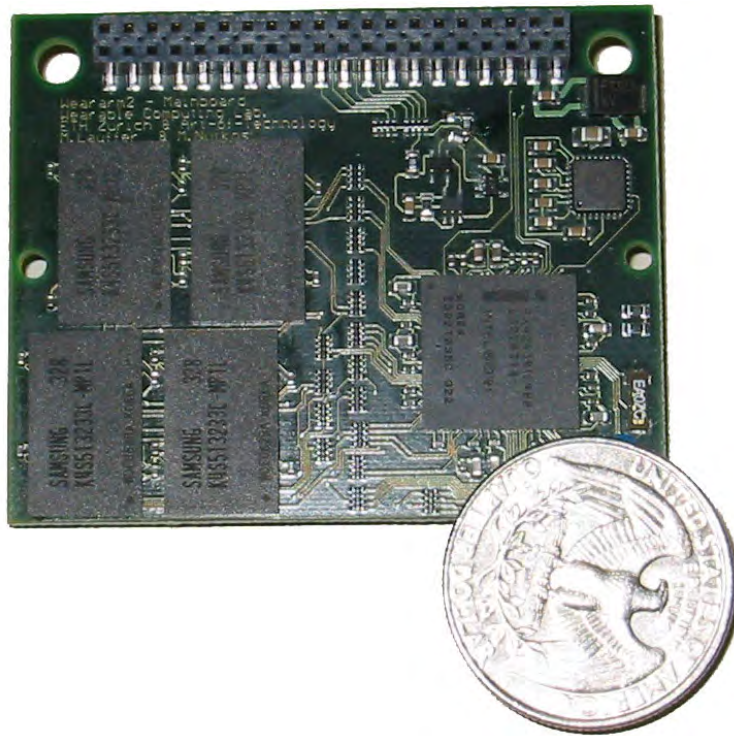


Other Wearable Approach

QBIC Belt Integrated Computer



Wearable Computing Lab.
ETH Zürich



- **Technologies**
 - Chip Scale and Chip Size Packages (CSP)
 - HDP Substrate 8 Layers featuring four Microvia Layers (Laser)
 - Star-Flex Print for Extension Board

Conclusions WMDs

- **Functional prototypes should already be (wrist) wearable**
 - Makes prototypes more complicated and requires close cooperation with mechanical engineering.
 - But helps testing user interaction (esp. for sensors) and minimizes unexpected setbacks when moving to the targeted form factor.
- **„Building block strategy“ (AMON)**
 - Looks favorable: existing submodules can be relied on (e.g. for communication).
 - Drawback: double work for later superfluous interfaces (cables) and mechanics, SW integration could become a serious inconvenience.
 - Although rather bulky, it works on standard PCB/SMD technology.
- **Complete custom development (Pendra[®])**
 - More effort is needed in the first stages.
 - But all pieces fit neatly together, there is no double HW.
 - HDP/MCM is a must when targeting a "marketable" form.

Conclusions WMDs (II)

- **HDP/MCM Advantages**

- Size reduction (smaller footprint)
- Low-profile (1-1.5 mm per layer, using Bare Dies, other substrates instead of 2-2.5 mm)
- Less weight (less packaging overhead)

- **Further Challenges**

- Sensors are often not standard for wrist portability, further research is needed.
- Skin-contact effects must satisfy regulatory (CE, FDA) requirements.
- How to interface the device, when downloading data or charging the batteries?
- WMDs can be built with standard electronics assembly technologies, (except for sensors), and mechanics is the most complex aspect.

Biocompatibility

- **Requirements (ISO 10993)**
 - Stable in physiological environment, no degradation over time
 - Protecting electronics against body fluids and humidity
 - Non-toxic or isolating toxic materials
 - Smooth surface, not inducing traumas, must not brittle, light-weight, flexible, must conform the natural soft tissue
- **Housing (hermetic)**
 - Metal (Steel, Titanium, Platinum)
 - Ceramics or Glass
- **Coatings**
 - Silicone (very flexible, but not long-lasting)
 - Parylene (some μm), tight against body fluids and humidity
- **Molded plastics**
 - Macrolone (robust and FDA approved)
 - Polystyrene, PMMA, PEEK, Polycarbonate and Polypropylene, ABS



Design Challenges for Implants

- **Minimum size:**
 - An implant is still an "artificial element" in the body
- **Minimal power consumption**
 - Target is primary battery, non rechargeable, but battery replacement means surgery!
 - The future: charging via inductive coupling
- **Highly reliable**
 - Implants are supporting vital functions, again replacement means surgery
- **Flexible**
 - Electronics must meet environmental requirements, and not vice versa

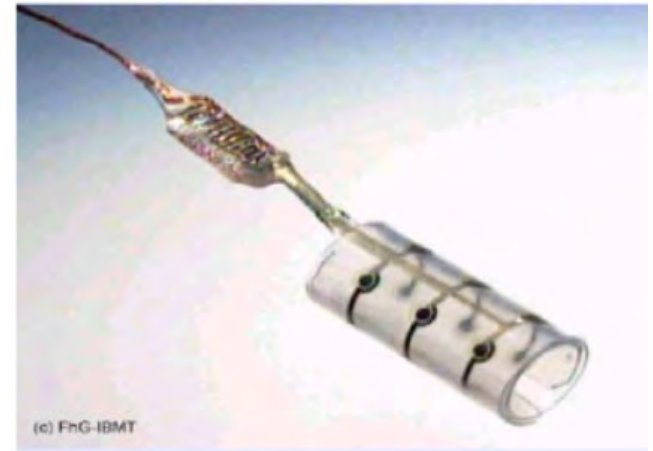


Design Challenges for Implants (II)

- **Encapsulation**
 - Biocompatible, FDA approved
 - Protecting the electronics against aggressive fluids and humidity
 - Mostly hermetic sealing
 - But still enabling communication to externals (Data downloads)
- **Technology**
 - Requires special encapsulation, even aggressive electronics build up/packaging for miniaturization → HDP/MCM

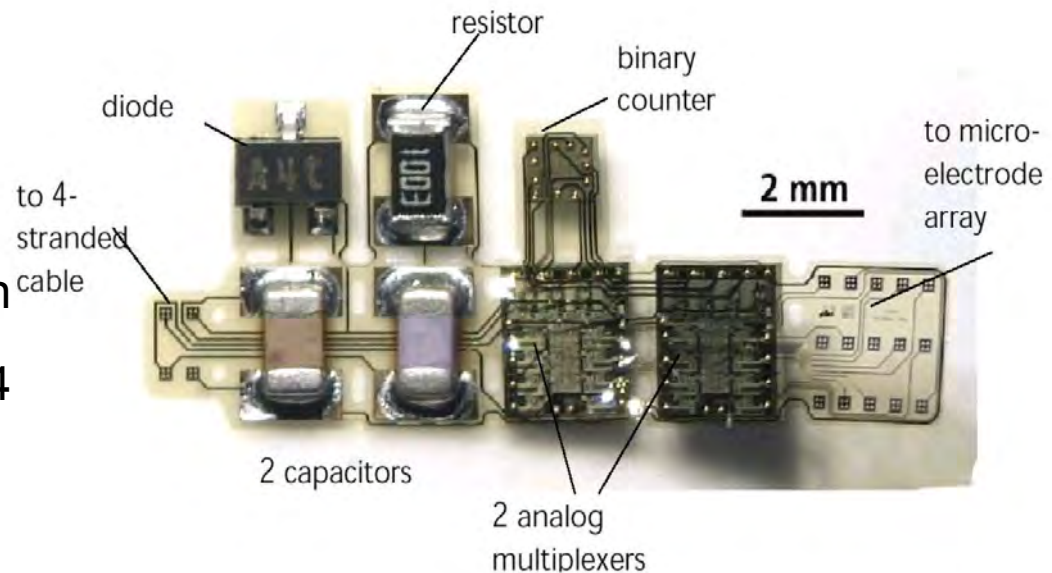
Example Nerve Cuff Electrode FhG-IBMT*)

- **18 channel electrode for recording neural information**
 - Combination of Si and Thinfilm PI



- **Multiplexer**

- Thinfilm PI-PCB
- 3 dies, 5 SMDs
- Silicone encapsulation
- Reduced # cables to 4

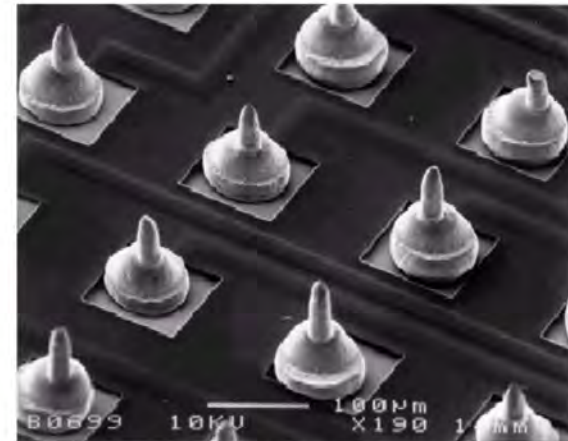


Pics courtesy Fraunhofer-Institut für
Biomedizinische Technik

Nerve Cuff Electrode - Technology

- **Flex Substrate**

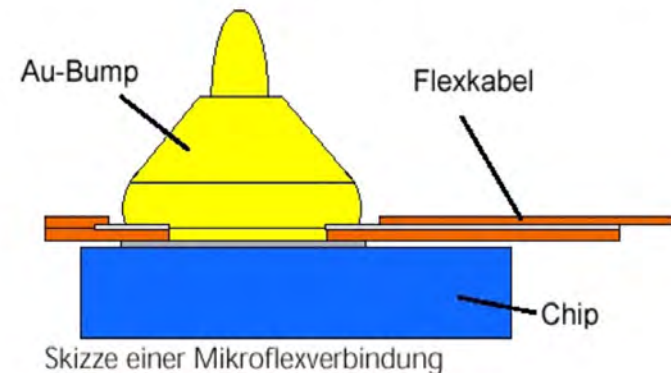
- Hardened Polyimid
PYRALIN PI 2611
- Ti-Pt Metalization
- Line width $\geq 5 \mu\text{m}$
- Pitch $\geq 10 \mu\text{m}$
- Bend radius of the
substrate: $\geq 100 \mu\text{m}$



Rasterelektronische Aufnahme eines Kontaktarrays

- **Microflex connection**

- Biocompatible
- 100 μm pitch possible



Example Pace Maker

- **Standard technology**

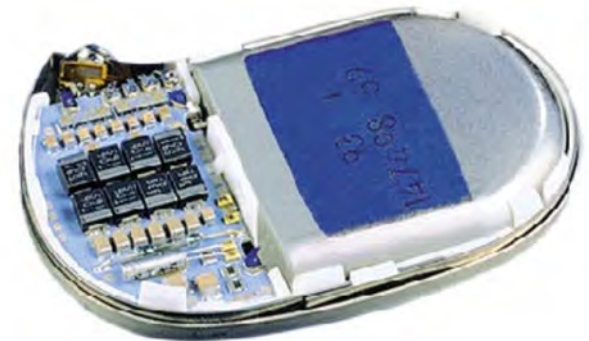
- Hybrid SMD
- Possibly wire bond

- **Largest part: Battery**

- **Reducing the electronics:**

- Wafer-level CSP
- SMT Assembly w/ Underfill
- 2-layer rigid-flex (Dycostrate)
- Metal casing

Standard pace maker from Biotronik



Pic © Biotronik

Test development from FhG-IZM, MSE, Dyconex



Pics courtesy Fraunhofer-Institut für
Mikrointegration & Zuverlässigkeit

Conclusions Implants

- **HDP/MCM advantages:**
 - Extreme miniaturization enables an improved implant technology.
 - Simplifies encapsulation by
 - Reducing volume
 - Being directly biocompatible
 - Improves biocompatibility
 - But special technologies require special regulatory approval
- **Important points**
 - Reliability increases (less solder connections)
 - But needs to be proven for every new build-up (no verified standards).
 - Power supply: Size (autonomous, non-rechargeable, long lasting battery) vs. Safety (small, short-range, rechargeable, but requiring reliable users/charging procedures)

Summary

- **Demonstrated that WMDs open new markets**
- **Detailed the design challenges for WMDs**
- **Presented two application examples for WMDs:**
 - HDP/MCM reduces volume and weight, thus simplifying housing/encapsulation
 - HDP/MCM prototypes seem to be more complicated, but reduce double design efforts and enable a faster prototype-product transition
 - Additional HDP/MCM production cost is manifold offset by the design and regulatory approval effort
 - Packaging has to ensure biocompatibility in all electronics-human interfaces:

Encapsulation, Housing, Sensors



Thank you for your attention!

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